

INSTRUCTIONS FOR DRAWSTRING BLOOMER

Bloomers are little shorts that go on top of the baby's diaper. This style has one drawstring at the top with ruched fabric and drawstrings for the legs. We hope you like the tutorial!

TRACE & CUT PATTERN



1. Cut two layers with the pattern. On the pattern, you will see that we ask you to cut the pattern on a fold where the crotch is.

MAKE CORDS

2. Cut a half an inch, or 1.3 cm, wide cord. You can use your one finger to measure!
3. Stretch it. This cord will be for the waist, and should be about 30 inches, or 78 cm, long.
4. If you just cut the cord to be the length of a t-shirt's width, it should be okay!
5. Cut another one, again, a half an inch or 1.3 cm wide. These will be for the legs.

SEW BLOOMER

6. We will begin with sewing the legs. Pin the two layers together, the pretty side of the first layer facing the pretty side of the other.
7. Mark a quarter of an inch, or 1.2 cm, line around the leg openings and sew.
8. Cut slits to make sure the fabric curves properly, cautiously so you don't cut the stitch.
9. Turn the bloomer inside out.
10. Now we are going to create the casing, or the little tunnel, where we will insert the cords we made.
11. Mark half an inch, or 1.3 cm, away from the stitch you already made.

SEW & REVERSE

12. You don't want to start sewing right from the edge, so you will leave approximately one inch, or 2.6 cm, from the top. We need space to string the cord through. Sew.

13. Do the same thing on the other leg opening. We are creating the little tunnels to insert the cords.

SEW BLOOMER

14. Now we will sew the sides of the bloomer. You will open up the sides and match the seams to the opposing side. I had made one side red and one side yellow, and so I matched up the colors.

15. Mark it a half an inch, or 1.3 cm, away from the edge.

16. Pin the center seams so they don't move.

17. Sew.

18. You will leave a quarter of an inch, or 0.6 cm, wide opening on the matched seam to be able to put the cord through, and then continue sewing on the other side. Don't sew on the seams!

REVERSE!

19. Remember to reverse!

20. We are now going to create the waistband. We will create a casing again, like we did with the legs, marking a half an inch, or 1.3 cm, away from the edge.

21. If you create the casing below the waistline, it'll create a ruffle, and it'll look cute.

22. Pin it and remove the accessory box on the sewing machine, if applicable, to make this easy. It makes sewing circular things easier.

SEW CASING

23. Sew the casing!

CUT OPENINGS & INSERT CORDS

24. Cut an opening in the top layer of the casing and insert the cord. Only cut the top layer!

25. Attach the safety pin to the cord and pull the cord all the way through the waist casing.

26. Now, insert the cords for the legs. You have two cords for the leg openings. Attach the safety pin to the cords and do the same for the legs as for the waist.



OPTIONAL!

27. You can adjust this bloomer according to your baby.

28. You can also turn it inside out, since it is reversible.

29. There are many variations of this bloomer. I'm sure after you start creating, you will realize you can change this however you'd like!