

INSTRUCTIONS FOR KIMONO



Hey everybody! This tutorial is for a kimono style top. This is especially helpful if you will be breastfeeding. You will make it out of two t-shirts and use the already existing arm holes. We hope you enjoy it!

TRACE PATTERN

1. You are reconstructing a t-shirt in this tutorial, there isn't much sewing involved.
2. You will begin with tracing the back pattern on the back of the t-shirt.

CUT ONE SIDE



3. Start by only cutting one side and opening up the shirt. This will make cutting and visualizing the overall pattern easier.
4. The front of the kimono wraps around the body, so you will place the front pattern on top of the front of the t-shirt.

TRACE FRONT

5. Trace the front pattern.

CUT TOP OF ONE LAYER

6. When cutting the front, only cut the first layer, don't cut the back of the t-shirt. This will form one piece of the kimono.

CUT NECK AND SHOULDER

7. Cut around the neck.
8. You now have half of the kimono.

TRACE PATTERN

9. Take another t-shirt and trace only the front pattern.

CUT ONE LAYER ONLY

10. Cut only that one front layer, as you will attach this to the other side.

CUT SHOULDER & SIDE

11. Cut all around the armpit.

12. We will now sew the shoulders and sides together. If one of the t-shirt's is a little bit bigger, that is okay, you can trim the excess.

MARK AND PIN

13. Mark a half an inch, or 1.3 cm from the edge.

SEW

14. Sew, then turn the kimono inside out.

CUT STRAPS

15. We will now create a strap to tie around your body. The strap should be about half an inch, or 1.3 cm, thick, and as long as you need to tie it around your waist. You will need two straps.

SEW STRAPS

16. You will sew one of the straps at the edge of the first front layer, where it makes the most sense to tie the kimono.

TRIM IF NECESSARY

17. Do the same on the other side with another strap, sewing on the edge of the front pattern.

CUT OPENING FOR STRAP

18. Cut a little opening on the side of the kimono to put one of the straps through as you tie. Cut a small sliver.

19. Send the strap through. You can wrap the strap around your waist and tie the two in the back.



OPTIONAL!

20. If you make the kimono long enough, it can be a dress!