

INSTRUCTIONS FOR REVERSIBLE BLOOMERS



Hey everybody! This tutorial is for a reversible bloomer. Bloomers are little shorts that go on top of the baby's diaper! This style has two drawstrings at the top and the legs are clean seams, with no drawstrings. We hope you like the tutorial!

TRACE PATTERN

1. When tracing the pattern, use the bottom of the t-shirt which is already hemmed as the waist of your bloomer. We will be able to insert the cord easily, without having to sew, as the casing will be ready!
2. You need 2 layers of the pattern.

PIN & CUT PATTERN



3. Pin and cut. You can use different colors for each layer if you'd like.
4. What we are going to do is sew the legs first.

MARK

5. Pin and mark the leg openings, a quarter of an inch, or 0.6 cm, away from the edge.

SEW & REVERSE!

6. Sew, and make sure to reverse at the beginning and end!

CUT SLITS ON THE CURVES

7. Cut little slits on the curve, without cutting your stitch, so the fabric can move properly.

TURN INSIDE OUT

8. Turn the bloomer inside out.
9. Open up the two sides of the bloomer and match the middle seams, or the leg opening seams, with the opposing side seams.

INSERT ONE INSIDE THE OTHER

10. You will insert one edge inside another, so you won't see any of the stitches when the bloomer is done.

11. Sew the side closed.

PIN, MARK & MATCH THE SEAMS

12. Repeat on the other side. Open up the bloomer and match the two seams.

13. Now you're going to sew it.

14. We will sew at a quarter of an inch, or 0.6 cm, away from the edge. We will have to be able to insert the drawstring on the waist, so don't start sewing where the t-shirt's hem is. We don't want to close that casing.

SEW BLOOMER

15. Start sewing below the hem.

16. Now you have a reversible bloomer.

MARK 1.3 CM THICK CORD

17. Cut a half an inch, or 1.3 cm, wide cord. You can use your fingers to measure.

CUT CORD AND STRETCH

18. Cut the length of the cord as the width of the t-shirt.

19. Stretch the cord.

CUT IN HALF

20. Cut it in half to make two.

INSERT STRING THROUGH CASING

21. Cut a little opening on the one outside layer of the casing.

22. Attach a safety pin to the edge of the cord and send it through the hem on the waist.

23. Pull the cord to gather the waist.

24. The bloomer is done!