

INSTRUCTIONS FOR SIMPLE BLOOMERS



Bloomers are little shorts that go on top of the baby's diaper. This style is the easiest, it has one drawstring at the top and you don't have to worry about the leg openings at all. We hope you enjoy the tutorial!

PLACE PATTERN ON BOTTOM OF T-SHIRT

1. Place the top of the pattern, where the waist is, against the bottom of the t-shirt. The bottom of the t-shirt is already hemmed and we can use this to our advantage, so we sew less.
2. Place one side of the pattern against the side fold of the t-shirt. This will make it so that you will only have to sew on one side, since the t-shirt is already folded.

TRACE, PIN, & CUT PATTERN



3. Trace, pin, and cut the pattern.

MAKE STRING

4. Cut about a half an inch, or 1.3 cm, wide strip. You can use a single finger to measure the width out. It'll be our drawstring.
5. After you cut the strip, you will stretch it. This is what we're going to use to gather the top of the diaper and fit it to the baby.

PIN, MARK, AND LEAVE CASING OPEN

6. Now you will pin, mark a quarter of an inch or 0.6 cm, and sew the pattern. There's only two parts to sew, the one side and the crotch.
7. When you're sewing the one side, don't sew over the casing, or where you will be inserting the string we made. The casing is the bottom hem of the t-shirt.
8. We will leave it open, so we can actually insert the cord. Start sewing the side about a half an inch, or 1.3 cm, from the top to avoid the casing.
9. Remember to reverse at the end.

TURN INSIDE OUT

10. Turn the bloomer inside out!



INSERT STRING THROUGH CASING

11. Take a safety pin and attach it to the end of the string. Send the cord through the casing that you left open.

12. You can also use elastic if you'd like. The idea is to always use what you have access to.

13. Tie a little knot at the end of the string, so you never lose it.

14. There are many ways you can decorate the bloomers as well!

15. There it is, this is the bloomer. You may want to decorate it, it's entirely up to you and your creative mind!